

the hindu yogi science pdf

CHAPTER II. - "BREATH IS LIFE." Life is absolutely dependent upon the act of breathing, "Breath is Life." Differ as they may upon details of theory and terminology, the Oriental and the Occidental

SCIENCE OF BREATH - arfalpha.com

Hindu (pronunciation (help · info)) refers to any person who regards themselves as culturally, ethnically, or religiously adhering to aspects of Hinduism. It has historically been used as a geographical, cultural, and later religious identifier for people indigenous to the Indian subcontinent.. The historical meaning of the term Hindu has evolved with time.

Hindu - Wikipedia

Maharishi Mahesh Yogi (born Mahesh Prasad Varma, 12 January 1918 – 5 February 2008) was an Indian guru, known for developing the Transcendental Meditation technique and for being the leader and guru of a worldwide organization that has been characterized in multiple ways including as a new religious movement and as non-religious. He became known as Maharishi (meaning "great seer") and Yogi ...

Maharishi Mahesh Yogi - Wikipedia

CHAPTER 1. HINDU RELIGION. Silent adorations to Satchidananda Para-Brahman, Who is the silent Witness of all minds, Who is the Indweller in all beings, Who has projected this world for His own Lila or sport, Who is the support for this world, body and mind and all movements, and Who is the foundation for all societies and their activities.. Purpose Of Religion

ALL ABOUT HINDUISM - Divine Life Society

Swami Sri Yukteswar Giri (1855–1936), India's Jnanavatar, "Incarnation of Wisdom"; guru of Paramahansa Yogananda, and paramguru of Self-Realization Fellowship Kriyaban members. Sri Yukteswarji was a disciple of Lahiri Mahasaya. At the behest of Lahiri Mahasaya's guru, Mahavatar Babaji, he wrote The Holy Science, a treatise on the underlying unity of Christian and Hindu scriptures ...

The Holy Science – SRF Bookstore

PUBLISHERS' NOTE It is needless for us to stress on the merits of the subject or its author, Sri Swami Sivanandaji Maharaj. Sri Swamiji already lives in the hearts of the people of the world as an "unfailing saviour".

The Science of Pranayama - The Divine Life Society

Paramahansa Yogananda (1893–1952) is widely regarded as one of the preeminent spiritual figures of our time. Born in northern India, he came to the United States in 1920, where for more than thirty years he taught India's ancient philosophy and science of yoga meditation and the art of balanced spiritual living.

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